



# Psychosocial Risk Manager Assist

---

On-demand psychosocial risk telephone support for people leaders and those responsible for people and safety functions

[psychgroup.com.au](http://psychgroup.com.au)

 **psychgroup**  
TRAINING & ADVISORY

# What is Psychosocial Risk Manager Assist?

On-demand telephone support for people leaders and those responsible for people and safety functions, providing guidance on psychosocial risks, mental health concerns, and complex workplace issues.

Think of it as an EAP designed exclusively for supervisors, team leaders, managers, HR professionals, WHS/OHS teams, and executives.

Our consultants provide immediate, practical guidance grounded in WHS/OHS legislation – helping leaders act safely, confidently, and in line with duty of care obligations.

## Why Manager Assist?

- Immediate access to psychosocial risk expertise
- Practical, actionable advice for complex people matters
- Support that strengthens leadership capability
- Guidance aligned with WHS/OHS legislation
- A trusted partner who understands your organisational context



## How It's Different to Traditional EAP

Traditional EAP supports employees through counselling. Manager Assist supports leaders.

It provides:

- Real-time advice on psychosocial hazards
- Guidance on performance, behaviour, and HR complexities
- Support to meet compliance and duty of care obligations
- Strategies that protect wellbeing and reduce organisational risk

While traditional EAP Manager Assist programs focus on performance and wellbeing advice, our **Psychosocial Manager Assist service** provides leaders, safety teams, and people professionals with targeted compliance guidance to manage psychosocial risks.

# What We Provide



## Psychosocial & WHS/OHS Guidance

- Identifying and controlling psychosocial hazards
- Meeting “reasonably practicable” compliance standards



## Injury Management & Early Intervention

- Providing guidance on identifying and managing compromised mental health of employees
- Providing early intervention strategies to mitigate risk



## Performance & Case Management

- Guidance for performance, behaviour, and complex HR matters
- Strategies balancing compliance, wellbeing, and organisational risk



## Individual Risk Assessments & SelfCare Planning

- Guidance on conducting individual risk assessments
- Developing safety and support plans for employees



## Critical Event Response

- Immediate support following harassment, injury, or traumatic events

## We Do Support Differently

Psychosocial risk guidance for leaders, managers, and safety professionals.

# Program Comparison



Inclusions	Standard Manager Assist	Psychgroup Psychosocial Manager Assist
Specialist support: Mental health & performance management	✓	✓
Critical incident response	✓	✓
Psychosocial & WHS/OHS guidance	—	✓
Reasonably practicable control guidance	—	✓
Support to meet compliance standards	—	✓
Guidance on individual risk assessments	—	✓
Support developing individual support plans	—	✓



**Ready to Strengthen Your Organisation's Psychosocial Safety?**

Book a discovery call now on **1300 611 993** or email us at [admin@psychgroup.com.au](mailto:admin@psychgroup.com.au)

For more information about Psychgroup's range of services, visit our website at [www.psychgroup.com.au](http://www.psychgroup.com.au)